

## WORK VALUES INVENTORY

A “value is something that is important to you. When picking a career, you should think about which values are most important to you. If a career fits your values, you’ll find more satisfaction in what you do. Check the values that you consider important in a career. Record your top five values at the end.

√	Value	Explanation
	Adventure	I'd like a career where I take risks.
	Competition	I'd like a career where I compete with others.
	Creativity & Self Expression	I'd like a career where I use my imagination to find new ways to do things.
	Flexible Work Schedule	I'd like a career where I choose my hours of work.
	Helping Others	I'd like a career where I help people with problems.
	High Salary	I'd like a career where I earn a lot of money.
	Benefits	I'd like a career where I get benefits such as health, dental, eye, retirement, etc.
	Independence	I'd like a career where I choose what work to do and how to do it.
	Intellectual Stimulation	I'd like a career that requires a lot of thinking.
	Leadership	I'd like a career where I direct, manage, or supervise others.
	Outside Work	I'd like a career where I work outdoors.
	Persuading	I'd like a career where I convince others to do things.
	Physical Work	I'd like a career where I get a lot of physical activity.
	Prestige	I'd like a career that gives me status and respect in the community.
	Public Contact	I'd like a career where I meet different people every day.
	Research Work	I'd like a career where I discover new facts and develop new ways to apply them.
	Routine Work	I'd like a career where I do the same things every day.
	Seasonal Work	I'd like a job where I only work certain times of the year.
	Travel	I'd like a career where I take frequent trips.
	Variety	I'd like a career where my job tasks change a lot.
	Work with Children	I'd like a career where I teach or care for children.
	Work with Your Hands	I'd like a career where I work with my hands or hand tools.
	Work with Machinery	I'd like a career where I use machines or equipment.
	Work with Numbers	I'd like a career where I use math or statistics.
	Collaboration	I'd like a career where I work with others.
	Recognition	I'd like a career where I receive attention from others.
	Challenge	I'd like a career where I perform tasks that are difficult or risky.
	Leisure	I'd like a career I have adequate time off.
	Uniform	I'd like a career where I wear a uniform.
	Affiliation	I'd like a career where I will be recognized as a member of a particular organization or department.
	Advancement	I'd like a career that offers opportunities for continued education/training, & promotions.
	Commute	I'd like a career that is close to home.

List your top four work values below.

My first work value choice is:	
My second work value choice is:	
My third work value choice is:	
My fourth work value choice is:	
My fifth work value choice is:	